

Dr G R DAMODARAN COLLEGE OF SCIENCE (AUTONOMOUS)
COIMBATORE - 641014

G11-01
2020-21

BACHELOR OF SCIENCE IN PSYCHOLOGY
(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

| Programme Outcome | |
|-------------------|--|
| PO1 | Grasp the historical perspectives, fundamental concepts and theories in psychology |
| PO2 | Develop operational erudition of Psychology's domains |
| PO3 | Execute the concepts of Psychology in practice |
| PO4 | Inclined to use scientific method as grounds to engage in critical thinking and problem solving |
| PO5 | Make assumptions based on review of empirical studies through careful exploration of research findings |
| PO6 | Aware of research methods and statistical techniques, and formulate, partake and accomplish research study |
| PO7 | Develop values of ethical and social responsibility, and contribute to society |
| PO8 | Efficient in writing and presentation skills |
| PO9 | Evaluate one's own appeal, skill and strength through self- reflection |
| PO10 | Explore pathways for career progression or future study choices relevant to their professional and personal dreams and purpose |

| Programme Specific Outcome | |
|----------------------------|---|
| PSO1 | Understanding the fundamental concepts and processes in Psychology |
| PSO2 | Appreciate the emerging fields in Psychology |
| PSO3 | Develop strong foundation in research and ethical practices |
| PSO4 | Approach life's complex problems with empathy and acceptance |
| PSO5 | Contribute to the society by generating innovative approaches to solve problems |

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SCHEME OF EXAMINATIONS

| Sem. | Part | Course Code | Course Name | Credits | MARKS | | | Hrs./ Week | Exam. Duration (Hrs.) | Category | |
|------|------|-------------|---|---------|---------|-----|-------|------------|-----------------------|-----------|-----------|
| | | | | | CA | TEE | TOTAL | | | | |
| III | I | 20300T | TAMIL III | | | | | | | | |
| III | I | 20300H | HINDI III | 3 | 25 | 75 | 100 | 5 | 3 | THEORY | |
| III | I | 20300F | FRENCH III | | | | | | | | |
| III | I | 20300M | MALAYALAM III | | | | | | | | |
| III | II | 20300E | ENGLISH III | 3 | 25 | 75 | 100 | 6 | 3 | THEORY | |
| III | III | 20393A | CORE: ABNORMAL PSYCHOLOGY I | 4 | 25 | 75 | 100 | 4 | 3 | THEORY | |
| III | III | 20393B | CORE: SOCIAL PSYCHOLOGY I | 4 | 25 | 75 | 100 | 4 | 3 | THEORY | |
| III | III | 20393C | ALLIED: PSYCHOLOGICAL STATISTICS | 4 | 25 | 75 | 100 | 4 | 3 | THEORY | |
| III | III | 20393P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY II* | | | | | 5 | | PRACTICAL | |
| III | III | 20393D | SKILL BASED SUBJECT: COUNSELLING PSYCHOLOGY I | 3 | 25 | 75 | 100 | 4 | 3 | THEORY | |
| III | IV | 20300A | ADVANCED TAMIL I | | 100 | NA | 100 | 2 | 3 | THEORY | |
| III | IV | 20300B | BASIC TAMIL I | 2 | | | | | | | |
| III | IV | 20300N | NON MAJOR ELECTIVE I: PERSONALITY DEVELOPMENT AND SOFT SKILLS | | 40 | 60 | | | | | |
| III | IV | 20300G2 | SKILL BASED SUBJECT: PROFESSIONAL COMMUNICATION | 2 | 25 | 75 | 100 | 2 | 3 | THEORY | |
| III | V | 20393S | EXTENSION ACTIVITIES: NSS | 1 | GRADE** | | | | | | PRACTICAL |
| IV | I | 20400T | TAMIL IV | | | | | | | | |
| IV | I | 20400H | HINDI IV | 3 | 25 | 75 | 100 | 5 | 3 | THEORY | |
| IV | I | 20400F | FRENCH IV | | | | | | | | |
| IV | I | 20400M | MALAYALAM IV | | | | | | | | |
| IV | II | 20400E | ENGLISH IV | 3 | 25 | 75 | 100 | 6 | 3 | THEORY | |
| IV | III | 20493A | CORE: ABNORMAL PSYCHOLOGY II | 4 | 25 | 75 | 100 | 6 | 3 | THEORY | |
| IV | III | 20493B | CORE: SOCIAL PSYCHOLOGY II | 4 | 25 | 75 | 100 | 5 | 3 | THEORY | |

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| Sem. | Part | Course Code | Course Name | Credits | MARKS | | | Hrs./ Week | Exam. Duration | | Category |
|------|------|-------------|---|---------|-------|-----|-------|------------|----------------|-----------|----------|
| | | | | | CA | TEE | TOTAL | | (Hrs.) | | |
| IV | III | 20493P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY II* | 4 | 40 | 60 | 100 | 5 | 3 | PRACTICAL | |
| IV | III | 20493C | SKILL BASED SUBJECT: COUNSELLING PSYCHOLOGY II | 3 | 25 | 75 | 100 | 4 | 3 | THEORY | |
| IV | IV | 20400A | ADVANCED TAMIL II | | 100 | NA | 100 | 2 | 3 | THEORY | |
| IV | IV | 20400B | BASIC TAMIL II | 2 | 40 | 60 | | | | | |
| IV | IV | 20400N | NON MAJOR ELECTIVE II: BASICS IN BUSINESS PROCESS OUTSOURCING | | | | | | | | |
| IV | IV | 20400G1 | VALUE EDUCATION: INDIAN SOCIETY, PEOPLE AND CULTURE | 2 | 25 | 75 | 100 | 2 | 3 | THEORY | |
| V | III | 20593A | CORE: FORENSIC AND CRIMINAL PSYCHOLOGY I | 4 | 25 | 75 | 100 | 7 | 3 | THEORY | |
| V | III | 20593B | CORE: RESEARCH METHODOLOGY | 4 | 25 | 75 | 100 | 7 | 3 | THEORY | |
| V | III | 20593P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY III* | | | | | 5 | | PRACTICAL | |
| V | III | 20593C | ALLIED: POSITIVE PSYCHOLOGY | 4 | 25 | 75 | 100 | 7 | 3 | THEORY | |
| V | III | 20593UI | ELECTIVE I: INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY | 4 | 25 | 75 | 100 | 7 | 3 | THEORY | |
| V | III | 20593S | CORE: VACATION INTERNSHIP AND VIVA VOCE | 1 | 25 | 75 | 100 | | 3 | PRACTICAL | |
| V | III | 20593T | CORE: PROJECT WORK AND VIVA VOCE* | | | | | 3 | | PRACTICAL | |
| VI | III | 20693A | CORE: FORENSIC AND CRIMINAL PSYCHOLOGY II | 4 | 25 | 75 | 100 | 7 | 3 | THEORY | |
| VI | III | 20693B | CORE: MARKETING AND CONSUMER BEHAVIOUR | 4 | 25 | 75 | 100 | 7 | 3 | THEORY | |
| VI | III | 20693C | ALLIED: HEALTH PSYCHOLOGY | 4 | 25 | 75 | 100 | 7 | 3 | THEORY | |
| VI | III | 20693P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY III* | 4 | 40 | 60 | 100 | 5 | 3 | PRACTICAL | |
| VI | III | 20693T | CORE: PROJECT WORK AND VIVA VOCE* | 8 | 25 | 75 | 100 | 4 | 3 | PRACTICAL | |
| VI | III | 20693UI | ELECTIVE II: HUMAN RESOURCE MANAGEMENT | 4 | 25 | 75 | 100 | 5 | 3 | THEORY | |
| | | | Total | 96 | | | 2700 | | | | |

* Practical/ Project Exams in Even Semester Only ** Outstanding/ Excellent/ Distinction/ Very Good/ Good/ Average/ Satisfactory/ To Reappear/ Absent

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2020-21

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(Under Choice Based Credit System)**

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

MAPPING OF COURSES WITH PROGRAMME OUTCOME LEVELS

| Course Code | Course Title | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|-------------|--|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| 20193A | CORE: GENERAL PSYCHOLOGY I | 3 | 3 | 2 | 3 | | | 3 | | 2 | 3 |
| 20193B | CORE: DEVELOPMENTAL PSYCHOLOGY I | 3 | 3 | 3 | 2 | | | 2 | | 3 | 3 |
| 20193C | ALLIED: BIOLOGICAL PSYCHOLOGY | 3 | 3 | 2 | 3 | | | 3 | | 1 | 2 |
| 20293A | CORE: GENERAL PSYCHOLOGY II | 3 | 3 | 2 | 3 | | | | | 2 | 3 |
| 20293B | CORE: DEVELOPMENTAL PSYCHOLOGY II | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| 20293C | ALLIED: EDUCATIONAL PSYCHOLOGY | 3 | 3 | 3 | 3 | | | 3 | | 3 | 3 |
| 20293P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY I | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 |
| 20393A | CORE: ABNORMAL PSYCHOLOGY I | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| 20393B | CORE: SOCIAL PSYCHOLOGY I | 3 | 3 | 3 | 2 | | | 3 | | 2 | 3 |
| 20393C | ALLIED: PSYCHOLOGICAL STATISTICS | 3 | 2 | 3 | 3 | 3 | 3 | | | 2 | 3 |
| 20393D | SKILL BASED SUBJECT: COUNSELLING PSYCHOLOGY I | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| 20493A | CORE: ABNORMAL PSYCHOLOGY II | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| 20493B | CORE: SOCIAL PSYCHOLOGY II | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| 20493P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY II | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 |
| 20493C | SKILL BASED SUBJECT: COUNSELLING PSYCHOLOGY II | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| 20593A | CORE: FORENSIC AND CRIMINAL PSYCHOLOGY I | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| 20593B | CORE: RESEARCH METHODOLOGY | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 20593C | ALLIED: POSITIVE PSYCHOLOGY | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |

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| Course Code | Course Title | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|-------------|--|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| 20593U1 | ELECTIVE I: INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| 20593S | CORE: VACATION INTERNSHIP AND VIVA VOCE | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| 20693A | CORE: FORENSIC AND CRIMINAL PSYCHOLOGY II | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| 20693B | CORE: MARKETING AND CONSUMER BEHAVIOUR | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| 20693C | ALLIED: HEALTH PSYCHOLOGY | 3 | 3 | 3 | | | | 2 | | 2 | 3 |
| 20693P | CORE: PRACTICAL - EXPERIMENTAL PSYCHOLOGY III | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 2 | 3 | 3 |
| 20693T | CORE: PROJECT WORK AND VIVA VOCE | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| 20693U1 | ELECTIVE II: HUMAN RESOURCE MANAGEMENT | 3 | 3 | 3 | | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3. Strong

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GIT - 05
2020-21

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EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

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2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|---------------------------------|---------|----------------------|---------------|-------------|
| THIRD | 20393A | CORE: ABNORMAL PSYCHOLOGY- I | 4 | Theory | - | 100 |

Objectives of the subject: To enable the students to understand...

- The concepts, classification and assessment of abnormal behaviour.
- The aspects of stress and other psychophysical disorders.
- The various other psychological disorders.

UNIT I: INTRODUCTION AND THEORETICAL PERSPECTIVES (Teaching hours:10)

Abnormal Behavior: Meaning - Historical Background - Epidemiology of Maladaptive Behavior. **Theoretical Perspectives:** Biological – Psychodynamic – Behavioral – Cognitive – Humanistic – Existential – Community - Cultural.

UNIT II: CLASSIFICATION AND ASSESSMENT (Teaching hours: 10)

Classification: Advantages and Disadvantages - DSM 5 and ICD 11. **Assessments:** Interview - Intelligence Tests - Neuropsychological Tests – Personality – Behavioral – Cognitive - Relational and Bodily Assessments.

UNIT III: STRESS & PSYCHOPHYSICAL DISORDERS (Teaching hours: 11)

Stress: Stress and Coping - Stressful Situations and Life Transitions - Clinical Reactions to Stress - Eating Disorders - Sleep Disorders - Psychophysiological Disorders - Diagnostic Dilemmas - Somatoform Disorders.

UNIT IV: ANXIETY AND SEXUAL DISORDERS (Teaching hours: 12)

Generalized Anxiety Disorder - Panic Disorder – Phobias - Obsessive Compulsive Disorder - PTSD. **Sexual Disorders:** Changing Views of Sexual Behavior - Sexual Dysfunction - The Paraphilias - Sexual Victimization.

UNIT V: PERSONALITY DISORDER AND MOOD DISORDER (Teaching hours: 12)

Personality Disorder: Meaning – Classification - Odd or Eccentric Behavior - Dramatic, Emotional or Erratic Behavior - Anxious or Fearful Behavior. **Mood Disorder:** Meaning – Depression - Depressive Disorders- Bipolar Disorders.

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2020-21

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EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|-----------------|
| CO1 | Comprehend the Historical and Theoretical Perspectives | K1,K2 & K4 |
| CO2 | Analyze the Classification and the various Assessments | K1,K2,K3 & K4 |
| CO3 | Delineate the concepts of Stress and Psychophysical Disorders. | K1,K2 & K4 |
| CO4 | Explicate the various Anxiety and Sexual Disorders | K1,K2 & K4 |
| CO5 | Understand and Classify the various Personality and Mood Disorders | K1,K2 & K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 3 | | | 3 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

Text Books

| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
|--------|--|---------------------------------|---------------------------|----------------------------|
| 1 | Abnormal Psychology– The Problem of Maladaptive Behavior | Sarason, I. G. & Sarason, B. R. | Pearson Education Pvt.Ltd | 2011 ,Eleventh |

Reference Books

| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
|--------|---|---|---------------------------------|----------------------------|
| 1 | Abnormal Psychology. | Butcher, J. N., Hooley, J. M. & Mineka, S | Pearson India | 2018,Seventeenth |
| 2 | Diagnostic and Statistical Manual of Mental Disorders | American Psychology Association | American Psychiatric Publishing | 2013,Fifth |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz, Role-Play.

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G11-08

2020-21

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| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|---------------------------|---------|----------------------|------------|----------|
| THIRD | 20393B | CORE: SOCIAL PSYCHOLOGY-I | 4 | Theory | - | 100 |

Objectives of the subject: To enable the students to understand...

- The basic concepts of Social Psychology and Social Perception.
- Social Cognition, Attitudes and Persuasion.
- The Aspects of Self.

UNIT I: SOCIAL PSYCHOLOGY

(Teaching hours: 10)

Social Psychology: Definition - Scientific Nature - Causes of Social Behavior and Thought - Advances at the Boundaries- Research Methods in Social Psychology.

UNIT II: SOCIAL PERCEPTION

(Teaching hours: 11)

Social Perception: Definition - **Non Verbal Communication:** The Language of Expressions, Gazes and Gestures - **Attribution:** Definition – Theories - Basic Sources of Error – Application - Impression Formation and Management.

UNIT III: SOCIAL COGNITION

(Teaching hours: 10)

Social Cognition: Definition – Heuristics - Impact of Schema - Automatic and Controlled Processing - Potential Sources of Error in Social Cognition - Affect and Cognition.

UNIT IV: ATTITUDES

(Teaching hours: 10)

Attitudes: Meaning - Attitude Formation - Attitude and their Influence on Behavior - Attitude Guides Behavior - Art of Persuasion - Resistance to Persuasion - Cognitive Dissonance.

UNIT V: ASPECTS OF THE SELF

(Teaching hours: 12)

The Self: Self-Presentation - Self-Knowledge - Personal Vs Social Identity - Self Esteem: Attitude towards Ourselves - Social Comparison.

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G11 - 09
2020-21

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Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|-----------------|
| CO1 | Understand the basic concepts of Social Psychology | K1,K2 & K4 |
| CO2 | Explore the various concepts in Social Perception | K1,K2,K3 & K4 |
| CO3 | Grasp the various aspects of Social Cognition | K1,K2 & K4 |
| CO4 | Examine and Perceive the concepts of Attitude and Persuasion | K1, K2,K3 & K4 |
| CO5 | Analyze the various Aspects of Self | K1, K2 & K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 2 | | | 2 | | 2 | 3 |
| CO2 | 3 | 3 | 3 | 2 | | | 3 | | 2 | 3 |
| CO3 | 3 | 3 | 3 | 2 | | | 3 | | 2 | 3 |
| CO4 | 3 | 3 | 3 | 2 | | | 3 | | 2 | 3 |
| CO5 | 3 | 3 | 3 | 2 | | | 3 | | 2 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|-------------------|---------------------------------------|-----------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Social Psychology | Robert A. Baron & Nyla R. Branscombe. | Pearson Education | 2017, Fourteenth |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Social Psychology | Myers | NewDelhi: McGraw Hill | 2011, Tenth |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz.

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G11 - 10
2020-21

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Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|---|-----------------|
| CO1 | Explicate the basic concepts of Statistics | K1,K2,K3 & K4 |
| CO2 | Understand the measures of Central Tendency and Variability | K1,K2 & K4 |
| CO3 | Analyze Hypothesis and Sampling | K1,K2,K3,K4&K5 |
| CO4 | Outline the concepts of Correlation and Regression | K1,K2 & K4 |
| CO5 | Comprehend the basic of SPSS | K1,K2,K3& K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 2 | 3 | 3 | 3 | 3 | | | 2 | 3 |
| CO2 | 3 | 2 | 3 | 3 | 3 | 2 | | | 2 | 3 |
| CO3 | 3 | 3 | 3 | 3 | 3 | 3 | | | 2 | 3 |
| CO4 | 3 | 2 | 3 | 3 | 3 | 2 | | | 2 | 3 |
| CO5 | 3 | 2 | 3 | 3 | 3 | 3 | | | 2 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | | |
|------------------------|---|-------------------------------|----------------------------------|----------------------------|--|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition | |
| 1 | Introduction to Statistics in Psychology. | Dennis Howitt & Duncan Cramer | Pearson Publications | 2011, Fifth | |
| Reference Books | | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition | |
| 1 | Research Methodology: Methods and Techniques | Kothari, C. R | NewAge International Publishers. | 2007, Second | |
| 2. | Introduction to Statistics and SPSS in Psychology | Andrew Mayers | Pearson Education Limited. | 2013 | |
| 3 | Statistics for Behavioral Science: An Introduction. | Riccardo Russo | Wadsworth,Psychology Press | 2003 | |
| 4 | Statistical Methods for Psychology | Howell, D. C. | Cengage Learning. | 2013, Eighth | |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz.

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Gr II - 11

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EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|----------------------------------|---------|----------------------|---------------|-------------|
| THIRD | 20393C | ALLIED: PSYCHOLOGICAL STATISTICS | 4 | Theory | 20 | 80 |

Objectives of the subject: To enable the students to understand...

- The various statistical techniques in terms of their application and limitations.

UNIT I: INTRODUCTION

(Teaching hours: 11)

Statistics: Definition – Need – Importance - Descriptive and Inferential Statistics - **Measurement of Scales:** Nominal, Ordinal, Interval and Ratio. **Collection of Data:** Primary and Secondary - Classification of Data.

UNIT II: MEASURES OF CENTRAL TENDENCY AND VARIABILITY

(Teaching hours: 11)

Measures of Central Tendency: Characteristics - Mean, Median and Mode. **Measures of Variability:** Range - Quartile Deviations - Standard Deviation - Describing Distributions: Symmetry, Modality, Skewness, Kurtosis.

UNIT III: HYPOTHESIS AND SAMPLING

(Teaching hours: 10)

Hypothesis: Meaning - Basic Concepts - Tests of Hypothesis - Limitations. **Sampling:** Need - Characteristics of Random Samples - Standard Error.

UNIT IV: CORRELATION AND REGRESSION

(Teaching hours: 12)

Correlation: Meaning – Characteristics – Types - Pearson’s Product Moment Correlation - Rank Correlation. **Regression:** Meaning - Regression Coefficients - Regression Equations X on Y and Y on X - Interpretation of Regression Value.

UNIT V: THE BASICS OF SPSS

(Teaching hours: 11)

SPSS: Meaning - Viewing Options in SPSS - Defining Variable Parameters - Starting New SPSS Data File- Rules and Limits - Creating New Variable Parameters - Entering Data - SPSS Menus (and Icons): File Menu, Edit Menu, View Menu, Data Menu, Transform Menu - Other Menus.

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G11-12

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| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--|---------|----------------------|------------|----------|
| THIRD | 20393D | SKILL BASED SUBJECT: COUNSELLING PSYCHOLOGY- I | 3 | Theory | - | 100 |

Objectives of the Course: To enable the students to understand...

- Effective helping and the process of counselling.
- The different strategies and techniques of counselling.
- The various theoretical approaches.

UNIT I: INTRODUCTION

(Teaching hours: 10)

Definition - Goals: Outcome and Process Goals - Precepts of Effective Helping - Characteristics of Effective Helpers - Stages of Counselling Process: Initial Disclosure, In Depth Exploration and Commitment to Action - Ethics in Counselling.

UNIT II: COUNSELLING PROCESS

(Teaching hours: 11)

Initial Disclosure: Counselling Experience - Counselling Relationship: Non Verbal and Verbal Encouragement - Core Conditions: Empathy, Positive Regard, Genuineness, Concreteness - Ways to Impede Communication: Counsellor's Predispositions, Premature Advice Giving, Lecturing, Excessive Questioning, Story Telling.

UNIT III: COUNSELLING PROCESS

(Teaching hours: 11)

In Depth Exploration: Goals and Methods - Advanced Empathy - Immediacy - Confrontation - Interpretation - Role Playing.

Commitment to Action and Termination: Process of Goal Setting - Design and Implementation of Action Plans - Termination.

UNIT IV: COUNSELLING STRATEGIES AND TECHNIQUES

(Teaching hours: 12)

Components of Effective Assessment - Tools for Effective Diagnosis - Risks and Opportunities - Intake Interviews - Common Mistakes - Structuring - Leading - Questioning - Working with Ambivalent, Indifferent and Oppositional Clients - Steps in **Crisis Intervention**.

UNIT V: THEORIES OF COUNSELLING

(Teaching hours: 12)

Psychoanalytic Therapy - Adlerian Therapy - Person- Centered Therapy - Existential Therapy - Gestalt Therapy - Behaviour Therapy - Cognitive Behaviour Therapy - Reality Therapy - Postmodern Approaches: Solution- Focused Brief Therapy and Narrative Therapy.

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G11-13

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2020-21

COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|---|---------------------|
| CO1 | Understand the Goals, Process and Ethics of Counselling | K1, K2 & K4 |
| CO2 | Absorb the core conditions of Counseling Relationship | K1, K2, K3, K4 & K5 |
| CO3 | Analyse and evaluate the processes of Exploration, Commitment and Termination | K1, K2, K3, K4 & K5 |
| CO4 | Analyse and prepare the different Counselling Strategies and Techniques | K1, K2, K3, K4 & K5 |
| CO5 | Comprehend, analyse and evaluate the theories of Counselling | K1, K2, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|--|---------------------------|------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | The Counselling Process | Patterson, L. E. | Wadsworth, USA | 2000, Fifth |
| 2 | Theory and Practice of Counselling and Psychotherapy | Corey, G. | Cengage Learning | 2016, Tenth |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Counselling and Guidance | Rao, S. N. & Sahajpal, P. | Tata McGraw Hill | 2018, Third |

Pedagogy: Lecture, Seminar, Assignment, Quiz, e- content, Report.

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G(1) - 14
2020-21

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|-------------------------------|---------|----------------------|---------------|-------------|
| FOURTH | 20493A | CORE: ABNORMAL PSYCHOLOGY- II | 4 | Theory | - | 100 |

Objectives of the subject: To enable the students to understand...

- The nature of Schizophrenia and cognitive impairment.
- The substance related disorders.
- The pervasive developmental disorders and mental retardation.
- The various therapies, treatment and prevention methods.
- The meaning of personality and various theories

UNIT I: SCHIZOPHRENIA AND COGNITIVE IMPAIRMENT (Teaching hours: 12)

Schizophrenia: Schizophrenia Spectrum Disorders - Development of Schizophrenia - Vulnerability in Schizophrenia. **Cognitive Impairment Disorder:** Meaning - Delirium - Dementia - Amnesic Disorders - Diversity of Cognitive Impairment Disorder.

UNIT II: SUBSTANCE RELATED DISORDERS (Teaching hours: 10)

Substance-Use Disorders - Substance Induced Disorders - Alcohol Related Disorders - **Other Drugs:** Barbiturates, Tranquilizers, Opioids, Cocaine, Amphetamines, Hallucinogens, Phencyclidine, Inhalants, Cannabis, Nicotine, Caffeine.

UNIT III: PERVASIVE DEVELOPMENTAL DISORDERS & MR (Teaching hours: 12)

Pervasive Developmental Disorder: Meaning - Types: Autism, Asperger's Disorder, Childhood Disintegrative Disorder, Rett's Disorder. **Mental Retardation (MR):** Meaning - Causes - Genetically- Based Disorders - Fragile x Syndrome - Down Syndrome - Fetal Alcohol Syndrome - Problems During and After Birth.

UNIT IV: THE THERAPEUTIC ENTERPRISE (Teaching hours: 10)

Psychodynamic Therapy and Psychoanalysis - Humanistic and Existential Therapies - Cognitive Behavioral Psychotherapy - Group Therapies - Biological Therapies - Hospitalization.

UNIT V: SOCIETY'S RESPONSE TO MALADAPTIVE BEHAVIOUR

(Teaching hours: 11)

Maladaptive Behavior: Meaning - Causes. **Prevention:** Meaning - Types - Sites - Diverse Paths to Prevention - **Treatment in Communities** - Legal Aspects of Treatment and Prevention.

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G111-15

2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|---|-----------------|
| CO1 | Understand the concepts of Schizophrenia and Cognitive Impairment | K1,K2 & K4 |
| CO2 | Grasp and Classify the various Substance Related Disorder | K1,K2 & K4 |
| CO3 | Analyze the various Pervasive Developmental Disorders & MR | K1,K2 & K4 |
| CO4 | Interpret and Comprehend the various Therapies. | K1,K2 & K4 |
| CO5 | Understand the Causes, Prevention and Treatment | K1,K2,K3 & K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|--|---|---------------------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Abnormal Psychology– The Problem of Maladaptive Behavior | Sarason, I. G. & Sarason, B. R. | Pearson Education Pvt.Ltd | 2011 ,Eleventh |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Abnormal Psychology. | Butcher, J. N., Hooley, J. M. & Mineka, S | Pearson India | 2018,Seventeenth |
| 2 | Diagnostic and Statistical Manual of Mental Disorders | American Psychology Association | American Psychiatric Publishing | 2013,Fifth |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz, Role-Play.

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COIMBATORE - 641014

G11 - 16
2020-21

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--------------------------------|---------|----------------------|---------------|-------------|
| FOURTH | 20493B | CORE: SOCIAL PSYCHOLOGY- II | 4 | Theory | - | 100 |

Objectives of the subject: To enable the students to understand...

- The concepts Stereotypes and Interpersonal Relationships.
- The aspects of Conformity and Prosocial Behavior.
- The perspectives of Aggression.
- The components of Groups

UNIT I: STEREOTYPES, PREJUDICE AND DISCRIMINATION (Teaching hours: 11)

Nature and Origins of Stereotypes - **Prejudice:** Feelings toward Social Groups -
Discrimination: Prejudice in Action - Techniques for Countering Its Effects.

UNIT II: INTERPERSONAL RELATIONSHIPS (Teaching hours: 10)

Internal Sources of Attraction - External Sources of Attraction - Factors Based on Social Interaction - Close Relationships.

UNIT III: SOCIAL INFLUENCE AND PROSOCIAL BEHAVIOR (Teaching hours: 12)

Conformity: Group Influence in Action – Compliance - Symbolic Social Influence - Obedience to Authority - Motives for Prosocial Behavior - Responding to an Emergency - Factors that Increase or Decrease the Tendency to Help.

UNIT IV: AGGRESSION (Teaching hours: 10)

Perspectives on Aggression: Biological Factors, Drive Theories, Modern Theories - Causes of Human Aggression – Bullying - Prevention and Control of Aggression.

UNIT V: GROUPS (Teaching hours: 10)

Groups: Key Components of Groups - Effects of the Presence of Others - Coordination in Groups - Perceived Fairness in Groups - Decision Making by Groups.

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G11-17

2020-21

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|-----------------|
| CO1 | Analyze the concepts of Stereotypes, Prejudice and Discrimination | K1,K2,K3 & K4 |
| CO2 | Understand the concepts in Interpersonal Relationships | K1,K2 & K4 |
| CO3 | Grasp the various Aspects of Social Influence & Prosocial Behavior | K1,K2 & K4 |
| CO4 | Delineate the various concepts of Aggression | K1,K2 & K4 |
| CO5 | Understand the various aspects of Group | K1,K2,K3 & K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 2 | | | 3 | | 2 | 3 |
| CO2 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 2 | | | 3 | | 2 | 3 |
| CO5 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|-------------------|---------------------------------------|-----------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Social Psychology | Robert A. Baron & Nyla R. Branscombe. | Pearson Education | 2017, Fourteenth |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Social Psychology | Myers | New Delhi:McGraw Hill | 2011, Tenth |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz.

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-18
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|---|---------|----------------------|------------|----------|
| FOURTH | 20493C | SKILL BASED SUBJECT: COUNSELLING PSYCHOLOGY- II | 3 | Theory | - | 100 |

Objectives of the Course: To enable the students to understand...

- The nature and workings of group counselling.
- The theories and process of educational and career counselling.
- The special areas in counselling.

UNIT I: GROUP COUNSELLING

(Teaching hours: 10)

Introduction - Structuring Groups - Limitations and Assumptions - Mechanics of Group – Types – Importance - Process of Group Counselling - Comparing Individual and Group Counselling.

UNIT II: EDUCATIONAL COUNSELLING

(Teaching hours: 11)

Introduction - Counselling at Elementary School, High School and College - Role of Teachers in Counselling - Educational Counselling and Curriculum - Counselling and Home.

UNIT III: CAREER COUNSELLING

(Teaching hours: 10)

Introduction - Theories of Career Development - Process of Career Counselling - State of Critical Decision - Career Counsellor's Role and Career Counselling Applications (Brief).

UNIT IV: FAMILY AND MARRIAGE COUNSELLING

(Teaching hours: 11)

Introduction - Family Group Consultation - Counselling Families - Counselling with Families about Children - Counselling with Parents - Marriage Counselling - Premarital Counselling.

UNIT V: SPECIAL AREAS IN COUNSELLING

(Teaching hours: 11)

Counselling and Rehabilitation of the Differently Abled Persons - Counselling Weaker Sections and Minorities - Counselling for Women Empowerment - Counselling for Alcohol and Substance Abusers - Rehabilitation and Counselling for Victims and Offenders.

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G17-19
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|---|---------------------|
| CO1 | Identify the importance and process of working with Groups in Counselling | K1, K2, K4 & K5 |
| CO2 | Apply the Techniques of Counselling to Educational Settings | K1, K2, K3, K4 & K5 |
| CO3 | Analyze and identify the process of Career Counselling | K1, K2, K3, K4 & K5 |
| CO4 | Evaluate issues that arise in Family and Marriage | K1, K2, K3, K4 & K5 |
| CO5 | Develop approaches to deal with some Special Areas in Counselling | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|--------------------------|---------------------------|------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Counselling and Guidance | Rao, S. N. & Sahajpal, P. | Tata McGraw Hill | 2018, Third |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | The Counselling Process | Patterson, L. E. | Wadsworth, USA | 2000, Fifth |

Pedagogy: Lecture, Seminar, Assignment, Quiz, e- content, Report.

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2020-21

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--|---------|----------------------|------------|----------|
| FOURTH | 20493P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY- II | 4 | Practical | - | - |

Objectives of the Course: To enable the students to develop skills in the psychological domain and learn the basic psychological processes involved in Human Behaviour.

Outline of the Laboratory Experiments:

Motivation

Achievement Motivation

Suggestion

Size Weight Illusion box (22 weights)

Progressive Weight Box

Emotions

Emotional Maturity Scale

Emotional Intelligence Scale

Memory

Short Term Memory

Long Term Memory

Recall and Recognition

Adjustment

Bell's Adjustment Inventory

Intelligence

Sixfold Spiritual Intelligence Scale

Bhatia's Battery of Performance Test

Interest

Comprehensive Interest Schedule

PRACTICALS: MARK BREAK- UP

INTERNAL

| | |
|------------------------|------|
| Record & observation | 10 |
| Conducting Experiments | 10 |
| Attendance | 05 |
| Discussion & Report | 10 |
| Viva Voce | 05 |
| | |
| Total | 40 |

EXTERNAL

| | |
|------------------------|------|
| Record | 20 |
| Conducting Experiments | 20 |
| Viva Voce | 20 |
| | |
| Total | 60 |

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G11 - 21

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|---------------------|
| CO | Conduct the Psychological Experiments, analyse and interpret the data collected through experiments, and discuss and report the results. | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|---|-----------------------------------|-------------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Psychological Testing | Anastasi, A. & Urbina, S. | Pearson India | 2016, Seventh |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Experimental Psychology | Woodworth, R. S. & Scholsberg, H. | Oxford & IBH Publishing | 2010, Revised |
| 2 | Psychological Testing- Principle, Applications and Issues | Kalpan, R. M. & Saccuzo, D. P. | Cengage, India | 2018, Sixth |

Pedagogy: Observation, Demonstration, Report.

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11 - 22
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|---|---------|----------------------|---------------|-------------|
| FIFTH | 20593A | CORE: FORENSIC AND CRIMINAL PSYCHOLOGY- I | 4 | Theory | - | 100 |

Objectives of the Course: To enable the students to understand...

- The field of forensic and criminal psychology.
- The theories of crime.
- The juvenile, violent, sexual and mentally ill offenders.

UNIT I: INTRODUCTION

(Teaching hours: 12)

Definition - History - Extent of crime - Extent of criminality - International Variations in Justice Systems - Public Attitude and Fear about Crime.

UNIT II: THEORIES OF CRIME

(Teaching hours: 11)

Introduction - Neuropsychology of Offending - Intelligence and Crime - Psychoanalysis and Crime - Social Learning Theory - Social Construction of Crime.

UNIT III: JUVENILE OFFENDERS

(Teaching hours: 11)

Introduction - Adolescents, Crime and Family - Criminogenic Factors - Biological Factors - Antisocial Behaviour in Childhood - Social Intervention.

UNIT IV: VIOLENT AND MENTALLY ILL OFFENDERS

(Teaching hours: 12)

Alcohol & Violent Crimes - Role of Anger - Media Influence - Domestic Violence - Violence in Mentally Ill - **Psychopaths and Crime**.

UNIT V: SEXUAL OFFENDERS

(Teaching hours: 11)

Youthful Sex Offenders - Anger and Hostility - **Rape**: Patterns, Myths, Theories, Nature of Rapists - Sociocultural Factors – **Paedophilia** - Denial and Sex Offending - Internet Paedophile Offenders.

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-23

2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|---------------------|
| CO1 | Understand some basic concepts in Forensic and Criminal Psychology | K1 & K2 |
| CO2 | Identify and analyse the theories of Crime | K1, K2, K4 & K5 |
| CO3 | Analyse and evaluate the factors behind Violent and Mentally Ill Offenses | K1, K2, K4 & K5 |
| CO4 | Delineate the causes of Juvenile Offense and apply Intervention Techniques | K1, K2, K3, K4 & K5 |
| CO5 | Evaluate the theories of Sexual Offense | K1, K2, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 2 | 1 | | | 2 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | | |
|------------------------|--|-------------|---------------------------|------------------|-----------|
| S. No. | Title | Author(s) | Publisher | Publication Year | & Edition |
| 1 | Introduction to Forensic and Criminal Psychology | Howitt, D. | Pearson Education Limited | 2018, | Sixth |
| Reference Books | | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year | & Edition |
| 1 | An Introduction to Criminal Psychology | Durrant, R. | Routledge | 2018 | |

Pedagogy: Lecture, Seminar, Assignment, Quiz, Discussion, e- content/ Field visit, Report.

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G11-24
2020-21

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|----------------------------|---------|----------------------|------------|----------|
| FIFTH | 20593B | CORE: RESEARCH METHODOLOGY | 4 | Theory | - | 100 |

Objectives of the subject: To enable the students to understand...

- The basic concepts and foundations of research.
- The importance of Research problem, Review of Literature & Variables.
- The concepts of Research Design, Data Collection and Research Report.

UNIT I: MEANING OF RESEARCH

(Teaching hours: 10)

Research: Meaning – Objectives – Types - Significance of Research - Research Methods vs. Methodology - Research and Scientific Method - Research Process - Criteria of Good Research.

UNIT II: RESEARCH PROBLEM, REVIEW OF LITERATURE & VARIABLES

(Teaching hours: 12)

Research Problem: Definition - Importance of Formulating Research Problem - Considerations in Selecting a Research Problem - Steps in Formulating Research Problem. **Review of Literature:** Meaning – Purpose - Steps to Review Literature. **Variables:** Meaning - Types of Variables.

UNIT III: RESEARCH DESIGN

(Teaching hours: 11)

Research Design: Meaning - Need for Research Design - Features of a Good Design - Important Concepts Relating to Research Design - Different Research Designs - Basic Principles of Experimental Design.

UNIT IV: METHODS OF DATA COLLECTION

(Teaching hours: 12)

Data Collection: Meaning - Primary Data and Secondary Data - Questionnaire, Interview, Observation and Schedules. **Measurement and Scaling:** Measurement Scales - Source of Error in Measurement – Scaling - Important Scaling Techniques - Concepts of Reliability and Validity - Ethical Issues.

UNIT V: REPORT WRITING

(Teaching hours: 10)

Report Writing: Significance of Report Writing - Different Steps in Writing Report - Layout of the Research Report - Types of Report - Oral Presentation - Precautions for Writing Research Reports.

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-25
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|---|-----------------|
| CO1 | Know and Understand the basic concepts of a Research | K1,K2 & K4 |
| CO2 | Comprehend Research Problem, Review of Literature and Variables | K1,K2,K3,K4&K5 |
| CO3 | Analyze the various kinds of Research Designs | K1,K2 & K4 |
| CO4 | Identify and use the methods of Data Collection | K1,K2,K3 & K4 |
| CO5 | Outline and Construct Report Writing | K1,K2,K3,K4&K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 2 | 2 | 3 | 2 | 3 | | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 3 | 3 | 3 | | | 3 | 3 |
| CO3 | 3 | 2 | 2 | 3 | 2 | 3 | | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 3 | 3 | 3 | | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|--|---------------|-----------------------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Research Methodology: Methods and Techniques. | Kothari, C. R | New Age International Publishers. | 2007, Second |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Research Methodology: A step by step guide for beginners | Ranjit Kumar | Sage Publications. | 2014, Fourth |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz.

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Dr G R DAMODARAN COLLEGE OF SCIENCE (AUTONOMOUS)

COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

CU - 26
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--------------------------------|---------|----------------------|---------------|-------------|
| FIFTH | 20593C | ALLIED: POSITIVE PSYCHOLOGY | 4 | Theory | - | 100 |

Objectives of the subject: To enable students to understand...

- The foundations of Positive Psychology.
- The concepts of Positive Emotions, Close Relationships and Resilience.
- The importance of Virtues and Positive Traits.

UNIT I: INTRODUCTION

(Teaching hours: 11)

Positive Psychology: Meaning - Traditional vs. Positive Psychology - Assumptions, Goals and Definition. **Happiness:** Meaning - Hedonic and Eudaimonic Happiness - Global Measures of Happiness - Happiness across Life Span - Gender and Happiness - Marriage and Happiness - Other Facts of Life.

UNIT II: POSITIVE EMOTIONS & RESILIENCE

(Teaching hours: 12)

Positive Emotions: Meaning - Broaden & Build Theory - Positive Emotions and Health Resources - Positive Emotions and Well-being - Cultivating Positive Emotions. **Resilience:** Meaning - Developmental and Clinical perspectives - Sources of Resilience in Children to Later life - Successful Aging - Growth through Trauma.

UNIT III: CLOSE RELATIONSHIPS AND WELLBEING

(Teaching hours: 12)

Close Relationships and Well-being: Defining Close Relationships - On the Lighter Side - Friendship and Romantic Love - Varieties of Love - Cultural Context of Love, Marriage and Divorce - What People bring to Romantic Relationship - Contours of Happy Marriage.

UNIT IV: VIRTUE & LIFE ABOVE ZERO

(Teaching hours: 11)

Wisdom and Virtue: Meaning - Theories - SOC Model - Transcendence: Religion and Spirituality - Religion and Virtue. **Life above zero:** Interconnection of the "Good" and the "Bad" - Contours of a Positive Life. **Mindfulness:** Meaning - Mindfulness and Psychotherapy - East- West and Positive Psychology.

UNIT V: POSITIVE TRAITS, SELF- REGULATION & CONTROL **(Teaching hours: 12)**

Positive Traits: Meaning - Personality, Emotions and Biology - Positive Beliefs - Positive Illusions. **Self- Regulation (SR):** Meaning - Control and Discrepancy Theory - Planning for SR Success - Goals and SR Problems. **Self- Control:** Meaning - Value of Self Control - Self Control Failure - Goal Disengagement.

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

Gr II - 27
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|-----------------|
| CO1 | Understand the basic concepts of Positive Psychology | K1,K2 & K4 |
| CO2 | Delineate the segments of Positive Emotions and Resilience | K1,K2,K3 & K4 |
| CO3 | Examine Close Relationships and Well-Being | K1,K2 & K4 |
| CO4 | Comprehend the concepts of Virtue and Mindfulness | K1,K2 & K4 |
| CO5 | Analyze Positive Traits, Self Regulation and Control | K1,K2 & K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 1 | | | 1 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 1 | | | 1 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 2 | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|--------------------------------------|--|--|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Positive Psychology | SteveR. Baumgardner & Marie K. Crothers. | Dorling Kindersley India Pvt.Ltd Pearson Education. | 2015, First |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Perspectives in Positive Psychology. | Chadha N. K., Harpreet Bhatia & Daisy Sharma | Pinnacle Learning | 2012,First |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz.

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COIMBATORE - 641014
BACHELOR OF SCIENCE (PSYCHOLOGY)
(Under Choice Based Credit System)
EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11] -28
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--|---------|----------------------|---------------|-------------|
| FIFTH | 20593U1 | ELECTIVE I: INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY | 4 | Theory | - | 100 |

Objectives of the Course: To enable the students to understand...

- The field of Industrial and Organizational Psychology.
- The role of job analysis and evaluation.
- The selection and appraisal of employees.
- The issues of safety, violence and health.

UNIT I: INTRODUCTION

(Teaching hours: 10)

Definition – Major Fields of I-O Psychology – Brief History of I-O Psychology - Challenges of I-O Psychology – Career Options for I-O Psychologists.

UNIT II: JOB ANALYSIS AND EVALUATION

(Teaching hours: 10)

Job Analysis: Importance – Writing Good Job Description – Preparing and Conducting Job Analysis – Using Other Job Analysis Methods. **Job Evaluation:** Determining Internal and External Pay Equity – Determining Sex and Race Equity.

UNIT III: EMPLOYEE SELECTION & PERFORMANCE APPRAISAL

(Teaching hours: 10)

Employee Selection: Recruitment Process – Selection Techniques – Interviews – References and Letters of Recommendation. **Performance Appraisal:** Fair Employment Practices – Objective Methods - Judgmental Methods – Improving Performance Appraisal.

UNIT IV: EMPLOYEE MOTIVATION AND JOB SATISFACTION (Teaching hours: 10)

Employee Motivation: Predisposition: Personality, Self- Esteem, Intrinsic Motivation, Need for Achievement and Power – Self- Regulation – Employee Goals – Feedback on Goal Process – Rewards. **Job Satisfaction:** Measurement - Impact of Personal Characteristics – Job Involvement and Organizational Commitment.

UNIT V: SAFETY, VIOLENCE AND HEALTH

(Teaching hours: 10)

Accidents: Causes and Prevention – Violence in Workplace – Alcoholism in Workplace – Drug Use in Workplace – Stress in Workplace: Causes, Effects and Treatment.

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

GII - 29

2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|---------------------|
| CO1 | Comprehend the field of Industrial and Organizational Psychology | K1, K2 & K4 |
| CO2 | Understand the importance and process of Job Analysis and Evaluation | K1, K2, K3, K4 & K5 |
| CO3 | Illustrate the process of Employee Selection and Performance | K1, K2, K3, K4 & K5 |
| CO4 | Identify the key factors that promote Employee Motivation and Job Satisfaction | K1, K2, K3, K4 & K5 |
| CO5 | Identify and analyze the issues of Safety, Violence and Health in Organization | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 2 | 1 | | | 2 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

Text Books

| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
|--------|--|---------------------------------|------------------|----------------------------|
| 1 | Psychology and Work Today: An Introduction to Industrial and Organizational Psychology | Schultz, D. P. & Schultz, E. S. | Pearson India | 2011 |
| 2 | Industrial/ Organizational Psychology: An Applied Approach | Aamodt, M. G. | Cengage Learning | 2016, Eighth |

Reference Books

| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
|--------|----------------------------|------------------|-------------------|----------------------------|
| 1 | Psychology Applied To Work | Muchinsky, P. M. | Thomson Wadsworth | 2006, Eighth |

Pedagogy: Lecture, Seminar, Assignment, Quiz, Discussion, e- content/ Field visit, Report.

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-30

2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--|---------|----------------------|---------------|-------------|
| FIFTH | 20593S | CORE: VACATION INTERNSHIP AND VIVA VOCE | 1 | Practical | - | - |

Objectives of the Course: To enable the students to acquire knowledge and the right attitude required to establish professional behavior, understand the role of psychologist and increase their level of competence.

Project Outline:

The students are required to visit any organization relevant to Psychology, approved by the Department, during their fourth semester break for a period of 30 days. The students must submit a report on their experience, attendance log and certificate from the organization.

PROJECT: MARKS BREAK- UP

INTERNAL (Faculty in- charge)

Report 40

Viva Voce 20

....

Total 60

....

EXTERNAL (Organization Supervisor)

Regularity 30

Review 10

....

Total 40

....

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-31
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|---|---------------------|
| CO | Incorporate theory and practice, appreciate the function and contribution of workplace, to the society, develop effective attitudes, habits, communication and work relationships for job success, and appraise one's interests and abilities in the field of study and explore opportunities for future plans. | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO | 3 | 3 | 3 | 2 | | | 3 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

Pedagogy: Observation, Discussion, Daily log, Report.

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-32
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--|---------|----------------------|---------------|-------------|
| SIXTH | 20693A | CORE: FORENSIC AND CRIMINAL PSYCHOLOGY- II | 4 | Theory | - | 100 |

Objectives of the Course: To enable the students to understand...

- The process of profiling.
- The problems of false allegations, confessions, eyewitness testimony and lies.
- The psychological treatment for prisoners and victims.

UNIT I: PROFILE ANALYSIS

(Teaching hours: 10)

Profiling – Origins - FBI Profiling Process - Process of Police Investigation - Effectiveness of Profiling - Research based Criminal Profiling - Crime Linkage - Profiling and Personality.

UNIT II: ALLEGATIONS AND CONFESSIONS

(Teaching hours: 12)

False Allegations: Problems - False Memory - False Claims of Abuse and Young Children - Genuine Allegations.

Confessions: Inducing Confessions - Types of False Confessions - Consequences of False Confessions - Recommended Solution.

UNIT III: EYEWITNESS TESTIMONY AND LIE DETECTION

(Teaching hours: 12)

Eyewitness Testimony - Accuracy of Eyewitness Testimony - Improving Validity of Line-up - Ekman's Lie Detection Theory - Improving Lie Detection Rates - Strategic Questioning - Polygraph Process - Problems with Polygraph - Alternatives to Polygraph.

UNIT IV: PSYCHOLOGICAL TREATMENT FOR PRISONERS

(Teaching hours: 11)

Prison as Therapeutic Community - Violence and Suicide in Prison - Effectiveness of Prison - Treating Sex Offenders and Violent Criminals - High Risk Offender Problem.

UNIT V: VICTIMS OF CRIME

(Teaching hours: 10)

Victim- Offender Overlap - Psychology of Victims – PTSD - Theories of PTSD - Re-victimisation - Post Traumatic Anger - Psychological Help - Victim Decision Making.

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-33
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|---------------------|
| CO1 | Understand and apply the theory and process of criminal profiling | K1, K2, K3, K4 & K5 |
| CO2 | Identify and analyse allegations and confessions | K1, K2, K3, K4 & K5 |
| CO3 | Delineate and evaluate the issues in eye witness testimony and lie detection | K1, K2, K3, K4 & K5 |
| CO4 | Apply the various theories and techniques to treat prisoners | K1, K2, K3, K4 & K5 |
| CO5 | Assist the victims through psychotherapy | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 2 | 1 | | | 2 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 1 | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

Text Books

| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
|--------|--|------------|---------------------------|----------------------------|
| 1 | Introduction to Forensic and Criminal Psychology | Howitt, D. | Pearson Education Limited | 2018, Sixth |

Reference Books

| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
|--------|--|-------------|-----------|----------------------------|
| 1 | An Introduction to Criminal Psychology | Durrant, R. | Routledge | 2018 |

Pedagogy: Lecture, Seminar, Assignment, Quiz, Discussion, e- content/ Field visit, Report.

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-3A
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|---|---------|----------------------|---------------|-------------|
| SIXTH | 20693B | CORE: MARKETING AND CONSUMER BEHAVIOUR | 4 | Theory | - | 100 |

Objectives of the subject: To enable the students to understand...

- The Marketing and Marketing Environment.
- The Consumer Behaviour and the Characteristics affecting it.
- The role of Product and Pricing.
- The Sustainable Marketing and engaging customers.

UNIT I: INTRODUCTION

(Teaching hours: 10)

Marketing: Definition - Marketing Process - Understanding Market Place and Customer Needs - Marketing Management Orientations - The Digital Age - Marketing Strategy and The Marketing Mix - Managing The Market Effort.

UNIT II: MARKETING ENVIROMENT & INFORMATION

(Teaching hours: 11)

Marketing Environment: Meaning - The Micro Environment - The Macro Environment - Marketing Information- Developing Marketing Information - Marketing Research - Segmenting Consumer Markets.

UNIT III: CONSUMER BEHAVIOUR

(Teaching hours: 10)

Consumer Behavior: Meaning - Model of Consumer Behavior - Characteristics Affecting Consumer Behavior: Cultural, Social, Personal & Psychological - Types of Buying Decision Behavior - The Buyer Decision Process.

UNIT IV: PRODUCT AND PRICING

(Teaching hours: 11)

Product: Meaning - Levels of Product - Product Classification - New Product Development Process - Product Life Cycle Strategies. **Pricing:** Meaning - Major Pricing Strategies - Price Adjustment Strategies.

UNIT V: ENGAGING CUSTOMERS & SOCIAL RESPONSIBILITY

(Teaching hours: 12)

Engaging Customers: Promotion Mix - Steps in Developing Effective Marketing Communication – Advertising and Sales Promotion - Personal Selling. **Social Responsibility:** Sustainable Marketing - Social Criticisms of Marketing

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COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

GAJ - 35
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|-----------------|
| CO1 | Understand the fundamentals of Marketing | K1,K2 & K4 |
| CO2 | Explore the Marketing Environment and Information | K1,K2 & K4 |
| CO3 | Knowing and Analyzing the Consumer Behavior | K1,K2,K3 & K4 |
| CO4 | Analyze the concepts of Product and Pricing | K1,K2 & K4 |
| CO5 | Interpret the ideas of engaging customers in Marketing | K1,K2 & K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | 2 | | | 2 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | 3 | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|-------------------------|----------------------------|-------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Principles of Marketing | Kotler, P. & Armstrong, G. | Pearson Education | 2016, Sixteenth |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Consumer Behavior | Schiffman, L.G., Kanuk, LL | Pearson Education | 2010, Tenth |

Pedagogy: Lecture, Demonstration, Discussion, Seminar, Assignment, Quiz.

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Dr G R DAMODARAN COLLEGE OF SCIENCE (AUTONOMOUS)

COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11 - 36
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|------------------------------|---------|----------------------|---------------|-------------|
| SIXTH | 20693C | ALLIED: HEALTH PSYCHOLOGY | 4 | Theory | - | 100 |

Objectives of the subject: To enable the students to understand...

- The foundations of Health Psychology.
- The nature of Stress, Pain and Coping.
- The role of Diet and Physical Activity for healthy living.
- The behavioural factors in cardiovascular diseases and Cancer.
- The impact on Chronic Illness.

UNIT I: FOUNDATIONS OF HEALTH PSYCHOLOGY

(Teaching hours: 12)

Health: Meaning - Psychology's Relevance for Health. **Health Psychology:** Definition - Profession of Health Psychology - Seeking Medical Attention - Seeking Medical Information from Non-Medical Sources - Receiving Medical Care.

UNIT II: STRESS, PAIN AND COPING

(Teaching hours: 12)

Stress: Meaning - Physiology of the Stress Response - Theories of Stress - Sources of Stress - Measurement of Stress - Coping with Stress - Stress and Diseases - Stress and Psychological Disorders. **Pain:** Definition - Pain Syndromes - Managing Pain.

UNIT III: DIET AND PHYSICAL ACTIVITY

(Teaching hours: 11)

Diet: Meaning - Obesity - Eating Disorders - Approaches to Losing Weight. **Physical Activity:** Definition - Types - Reasons for Exercising - Physical and Psychological Benefits - Hazards.

UNIT IV: CARDIOVASCULAR DISEASES & CANCER

(Teaching hours: 11)

Cardiovascular System: Meaning - Changing Rates - Risk Factors. **Cancer:** Definition - Behavioral Risk Factors - Living with Cancer.

UNIT V: LIVING WITH CHRONIC ILLNESS

(Teaching hours: 11)

Chronic Illness: Meaning - Impact of Chronic Illness. **Diabetes:** Meaning - Adjusting to Diabetes. **Asthma:** Meaning - Impact of Asthma. **HIV & AIDS:** Meaning - Dealing with HIV & AIDS - Symptoms - Transmission of HIV - Psychologist's Role.

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Dr G R DAMODARAN COLLEGE OF SCIENCE (AUTONOMOUS)

COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11 -37
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|-----------------|
| CO1 | Understand the basic concepts of Health Psychology | K1,K2 & K4 |
| CO2 | Analyze the Stress and Pain related concepts | K1,K2 & K4 |
| CO3 | Explicate the role of Diet and Physical Activity | K1,K2,K3 & K4 |
| CO4 | Elucidate Cardiovascular Diseases and Cancer | K1,K2 & K4 |
| CO5 | Examine the impacts of various Chronic Illness | K1,K2 & K4 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | | | | 2 | | 2 | 3 |
| CO2 | 3 | 3 | 3 | | | | 2 | | 2 | 3 |
| CO3 | 3 | 3 | 3 | | | | 2 | | 2 | 3 |
| CO4 | 3 | 3 | 3 | | | | 2 | | 2 | 3 |
| CO5 | 3 | 3 | 3 | | | | 2 | | 2 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|---|---|------------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Health Psychology: An Introduction to Behaviour and Health. | Linda Brannon, John A. Updegraff & Jess Feist | Cengage Learning | 2018, Ninth |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Health Psychology: Biopsychosocial Interactions. | Edward P. Sarafino & Timothy W. Smith. | John Wiley & Sons Inc. | 2011, Seventh |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz.

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Dr G R DAMODARAN COLLEGE OF SCIENCE (AUTONOMOUS)

COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

CUJ-38

2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|---|---------|----------------------|---------------|-------------|
| SIXTH | 20693P | CORE: PRACTICAL- EXPERIMENTAL PSYCHOLOGY- III | 4 | Practical | - | - |

Objectives of the Course: To enable the students to develop skills in the psychological domain and learn the basic psychological processes involved in Human Behavior.

Outline of the Laboratory Experiments:

Self

Self- Concept

Assertiveness Scale

Self- Esteem Scale

Locus of Control

Mental Health & Well being

Stress Inventory

Depression Inventory

Aggression Scale

State Trait Anxiety Test

Life Satisfaction Scale

Personality

Eysenck's Personality Inventory

16 Personality Factor Questionnaire

Information Technology

Cyber Crime Awareness Scale

PRACTICALS: MARK BREAK- UP

INTERNAL

Record & observation 10
Conducting Experiments 10
Attendance 05
Discussion & Report 10
Viva Voce 05

....
Total 40

EXTERNAL

Record 20
Conducting Experiments 20
Viva Voce 20
....
Total 60

C. J.

CIT-39
2020-21

Dr G R DAMODARAN COLLEGE OF SCIENCE (AUTONOMOUS)
COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|---------------------|
| CO | Conduct the Psychological Experiments, analyse and interpret the data collected through experiments, and discuss and report the results. | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|---|-----------------------------------|-------------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Psychological Testing | Anastasi, A. & Urbina, S. | Pearson India | 2016, Seventh |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Experimental Psychology | Woodworth, R. S. & Scholsberg, H. | Oxford & IBH Publishing | 2010, Revised |
| 2 | Psychological Testing- Principle, Applications and Issues | Kalpan, R. M. & Saccuzo, D. P. | Cengage, India | 2018, Sixth |

Pedagogy: Observation, Demonstration, Report.

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BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-40

2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--|---------|----------------------|---------------|-------------|
| SIXTH | 20693T | CORE: PROJECT WORK AND VIVA VOCE | 8 | Practical | - | - |

Objectives of the Course: To enable the students to apply the concepts of research, prepare a project proposal and write a good report.

Project Outline:

The students are required to conduct research in group of 4-6 members, by choosing a topic of their interest on any psychological issue under the supervision of their guides. The project consists of two parts each carried out in the fifth and sixth semesters. In the fifth semester, the students are required to orally present an original research proposal, where they discuss their research questions, literature review and methods to be used. In the sixth semester, the students are required to submit the project report.

PROJECT: MARKS BREAK- UP

INTERNAL

| | |
|--------------|------|
| Regularity | 05 |
| Presentation | 20 |
| | |
| Total | 25 |
| | |

EXTERNAL

| | |
|-----------|------|
| Report | 50 |
| Viva voce | 25 |
| | |
| Total | 75 |
| | |

C-11

Dr G R DAMODARAN COLLEGE OF SCIENCE (AUTONOMOUS)

COIMBATORE - 641014

BACHELOR OF SCIENCE (PSYCHOLOGY)

(Under Choice Based Credit System)

EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11-41
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|---|---------------------|
| CO | Formulate research questions, present a research proposal, and conduct research and report results in writing, with APA style for scholarly writing | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

Pedagogy: Guidance.

C. S.

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GTJ-42
2020-21

| Semester | Course Code | Course Title | Credits | Theory/ Practical | Problems % | Theory % |
|----------|-------------|--|---------|----------------------|---------------|-------------|
| SIXTH | 20693U1 | ELECTIVE II: HUMAN RESOURCE MANAGEMENT | 4 | Theory | - | 100 |

Objectives of the Course: To enable the students to understand...

- The field of human resource management.
- The key concepts of human resource management.

UNIT I: INTRODUCTION

(Teaching hours: 10)

Nature of Human Resource Management – Scope – Objectives – Importance - History and Evolution of Human Resource Management - Personnel Management: Functions & Roles - Personnel Manager.

UNIT II: JOB ANALYSIS AND HUMAN RESOURCE PLANNING

(Teaching hours: 12)

Job Analysis: Uses – Process - Job Description - Job Specification - Role Analysis.
Human Resource Planning: Objectives – Importance – Process - Effective HR Planning.

UNIT III: RECRUITMENT, SELECTION AND PLACEMENT

(Teaching hours: 12)

Recruitment: Definition, Constraints and Challenges, Sources, Methods - Selection: Definition, Purpose, Process – Placement - **Induction:** Objectives.

UNIT IV: INTERNAL MOBILITY AND TRAINING

(Teaching hours: 12)

Internal Mobility - Transfer: Purpose of Transfers, **Promotion**, Demotion - Employee Separations - **Training:** Need for Training, Types of Training - Training Methods.

UNIT V: PERFORMANCE APPRAISAL AND INCENTIVES

(Teaching hours: 11)

Performance Appraisal: Definition – Objectives - Methods of Performance Appraisal - Problems with Performance Appraisal.

Incentives: Incentive Plans - Success and Failures of Incentive Plans - Fringe Benefits.

C. J. K.

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EFFECTIVE FOR THE STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2020-2021

G11 - 43
2020-21

Course Outcome mapping with Knowledge level

| Course Outcome | CO Statement | Knowledge level |
|----------------|--|---------------------|
| CO1 | Understand the nature, scope and evolution of HRM | K1 & K2 |
| CO2 | Analyse and plan Job Description and Resources | K1, K2, K3, K4 & K5 |
| CO3 | Illustrate the process of Recruitment and Placement | K1, K2, K3, K4 & K5 |
| CO4 | Delineate the importance of Promotion and Training | K1, K2, K3, K4 & K5 |
| CO5 | Define and describe the objectives of Appraisal and Incentives | K1, K2, K3, K4 & K5 |

Note: K1- Remembering; K2 – Understanding; K3 – Applying; K4 – Analysing; K5 – Creating & Evaluating.

Course Outcome mapping with Programme outcome

| Course outcome | PO1 | PO2 | PO3 | PO4 | PO5 | PO6 | PO7 | PO8 | PO9 | PO10 |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| CO1 | 3 | 3 | 3 | | | | 2 | | 3 | 3 |
| CO2 | 3 | 3 | 3 | | | | 2 | | 3 | 3 |
| CO3 | 3 | 3 | 3 | | | | 2 | | 3 | 3 |
| CO4 | 3 | 3 | 3 | | | | 2 | | 3 | 3 |
| CO5 | 3 | 3 | 3 | | | | 2 | | 3 | 3 |

Indicators: 1. Reasonable 2. Significant 3.Strong

| Text Books | | | | |
|------------------------|--|--|------------------|----------------------------|
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Human Resource Management-Text and Cases | Rao, V. S. P. | Excel Books | 2010, Second |
| Reference Books | | | | |
| S. No. | Title | Author(s) | Publisher | Publication Year & Edition |
| 1 | Human Resource Management | Mathis, R. L., Jackson, J. H., Valentine, S. R., & Meglisch, P. A. | Cengage Learning | 2016, Fifteenth |

Pedagogy: Lecture, Discussion, Seminar, Assignment, Quiz.

C. S. S.